

# For the foreign residents in Toyama "Information" July 2022

Hot summer season has come !

Why don't you join in joyful events in Toyama?

If you need more details, please visit Toyama Sightseeing web page)  
<https://www.info-toyama.com> (English, Chinese and Korean versions are available) or other web pages.



\*These events are subject to be cancellation or postponement due to COVID19.

I Fireworks See: Tourism Information in Toyama

<https://www.info-toyama.com/> (English/Chinese/Korean versions)

Day	Name of the City	Names of events / Place	Time	Remarks
Aug 1(Mon)	Toyama	Toyama Fire Works/The Jinzu-River near Arisawabashi	★	
Aug 4(Thu)	Takaoka	Takaoka Fire works/The Sho-River near Takaoka-Ohashi	★	
Aug 5(Fri), 6(Sat)	Uozu	The Jantokoi Uozu Festival/The Port of Uozu	★	
Aug 6(Sat)	Himi	The Himi Festival Fire Works	★	

II Event 1 See: Tourism Information in Toyama

<https://www.info-toyama.com/> (English/Chinese/Korean versions)

Aug 1(Mon)-7(Sun)	Takaoka	Takaoka Tanabata Festival	☀	Traditional local event
Aug 5(Fri)-7(Sun)	Uozu	The Jantokoi Uozu Festival /The Port of Uozu		Traditional local event
Aug 12(Fri), 13(Sat)	Takaoka	Zuiryuji Temple "Light-up and Markets"	★	
Sep 18(Sun)	Nanto	The Johana Mugiya Festival	★	Traditional dance and music
Aug 24(Wed)/Sep 4(Sun)	Imizu	The Kaiomaru decked out in full sail / Kaiomaru Park	☀	
Aug 27(Sat), 28(Sun)	Oyabe	Cross Land Helicopter& preventing the effects of a disaster	☀	
Sep 1(Thu)-Sep 3(Sat)	Toyama	Etchu Yatsuo Owara Kazeno Bon	☀★	Traditional dance and music
Sep 23(Fri)	Nanto	The Mugiya Festival/Gokayama	☀	Traditional dance and music

III Event 2 See: Website as below

Aug 4(Thu)~7(Sun)	Namerikawa	The Vietnam Lantern Festival <a href="https://vietnam-lantern-festival.jp">https://vietnam-lantern-festival.jp</a>	☀★	Traditiona Vietnam festival
Aug 7(Sun)/Sep 4(Sun)	Toyama	The Flee Market in Toyama / Gokoku-jinja Shrine <a href="https://toyama-gokoku.jp/nominoichi/">https://toyama-gokoku.jp/nominoichi/</a>	☀	Fresh vegetable and Antique
Aug 26(Fri)~28(Sun)	Nanto	Sukiyaki meets the world <a href="http://sukiyakifes.jp/archives/2022schedule/">http://sukiyakifes.jp/archives/2022schedule/</a>		Musical event

Remarks: Day time ☀ Night time ★ Early morning ☀

# Be careful about Heatstroke!!

In Japan, it is very hot and humid in summer which may make you feel sick or in worst case, it may put your life at risk.



**This is called “Netchusho” in Japanese.**

*Symptoms of Netchushou are dizziness, feeling sick, headache, difficulty in moving hands and feet, shivering, fever, etc.*



**In this case**

**Take a rest at a cooler place, cool down your body, drink water, and have salty food.**

## To avoid heatstroke

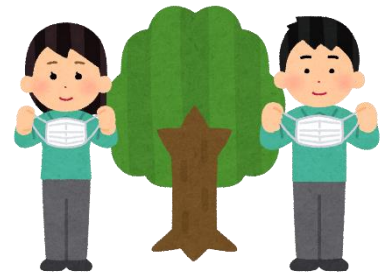
- Use a hat and an umbrella
- Wear clothes which keep your body cool
- Do not go out in a hot day
- Drink water
- Take salty foods
- Use an air conditioner or an electric fan indoors, even when in bed.



# How to cope with heatstroke under COVID 19

Recently, 7<sup>th</sup> wave of COVID 19 is prevailing.  
As symptoms of Heatstroke and COVID 19 are similar,  
please note as follows;

1. You may remove a mask outside.
2. Keep wearing a mask in crowded places  
and also while indoors.
3. Keep silent when you eat, and restart talking  
when putting mask on after meal.
4. Carry on good practices as ever such as washing hands rinsing  
your mouth.



## Natural disaster



In Japan, we have many natural disasters such as earthquakes and floods.

Especially in Toyama you must be careful about floods when it rains heavily, since Toyama city is surrounded by major rivers such as the Jinzu and the Johganji river.

**At first, check a hazard map in which you can find the nearest evacuation point from your place.**

<https://www.city.toyama.toyama.jp/kensetsubu/kasenseibi/kozuihm-chizu.html>

If you cannot find an evacuation place, please move to a place remote from the river or to a higher place.

## The alert levels are shown as under.

These levels will be broadcast on TV and radio.

When it is likely to have a heavy rain suddenly, prepare the followings:

1. Handy stuff (Minimum foods, a flash light, a portable radio etc.)
2. Check the nearest evacuation place and routes to reach there.
3. If you cannot find any evacuation place, ask neighbors
  - In Japan, it is commonly set up "Jichikai" (residents association) in every small community. They will help you.

**Please check a hazard map habitually just in case.**

**Alert levels are classified as follows;**

- This is printed black and white, but in a color version, alert levels are indicated by colors, i.e. Alert level 1→White, Alert 2→Yellow, Alert 3→Red, Alert 4→Purple, Alert 5→Black

Alert Level		New Evacuation Information
<b>5</b>	 Disaster occurrence/ Disaster impending	<b>Emergency Safety Measures</b> ※1
~~~~<Be sure to evacuate by Alert Level 4!>~~~~		
<b>4</b>	 High risk of disaster	<b>Evacuation Instruction</b> ※2
<b>3</b>	 Risk of disaster	<b>Evacuation of the Elderly, Etc.</b> ※3
<b>2</b>	 Weather worsening	Heavy Rain, Flood, or Storm Surge Advisories (Japan Meteorological Agency)
<b>1</b>	 Risk of weather worsening	Probability of Warnings (Japan Meteorological Agency)

Source: Cabinet Office

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